

WEEK 3

Winter
2024



MAIN
MEAL

MONDAY

Spaghetti
Bolognese with
Garlic Bread

TUESDAY

Local Sausages
with Mashed
Potato

WEDNESDAY

Roast Pork with
Roast Potatoes

THURSDAY

Lasagne with
Crusty Bread

FRIDAY

Fish Fingers or
Salmon Fishcakes
and Chips

VEGETARIAN
OPTION

Tomato and Basil
Pasta **V** with Garlic
Bread

Garden Vegetable
Sausage with
Mashed Potato **V**

Yorkshire Pudding
Stuffed with Roast
Vegetables **V**

Roast Vegetable
and Lentil Pasta
with Crusty Bread **V**

Quorn Hotdog
and Chips **V**

SANDWICHES
& WRAPS

Chicken Mayonnaise
Sandwich or Cheese
Salad Wrap **V**

Tuna Mayonnaise
Sandwich or Humous
Salad Wrap **V**

Egg Mayonnaise
Sandwich **V** or
Turkey Salad Wrap

Cheese Sandwich
V or Ham salad
Wrap

Turkey Salad
Sandwich or Cheese
Ploughmans Wrap **V**

JACKET
POTATOES

Available daily with a choice of Tuna Mayonnaise, Baked Beans or Cheese

DESSERT

Flapjack **V**

Carrot Cake **V**

Ice Cream **V**

Toffee Pudding
and Custard **V**

Chocolate
Mousse **V**

Available daily Seasonal Vegetables, Salad Selection, Bread, Fresh Fruit and Yoghurts

V = Vegan **V** = Vegetarian

