

RHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Relationships Education, Caring Friendships, Mental Well Being		Relationships Education, Caring Friendships, Mental Well Being		Relationships Education, Caring Friendships, Mental Well Being	
Year 1	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety Keeping Safe	Changing and Growing
Year 2	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety Keeping Safe	Changing and Growing
Year 3	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety Keeping Safe	Changing and Growing
Year 4	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety Keeping Safe	Changing and Growing
Year 5	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Well Being Keeping Healthy, Food and Exercise, Hygiene Routines and Sun Safety Keeping Safe	Changing and Growing
Year 6	Respecting Ourselves and Others	Safe Relationships	Belonging to Our Community	Media Literacy and Digital Resilience	Physical Health and Mental Well Being	Changing and Growing

		Money and Work	Keeping Healthy, Food and Exercise, Hygiene Routines and	
			Sun Safety	
			Keeping Safe	