



Fresh Ideas Feeding Minds

This menu will operate until the end of the First Half Spring Term 2021.

All meals will be served in takeaway containers (all containers washed and reused) with metal cutlery.

Dairy Free & Gluten Free alternatives can be available on request.

Wk 1 4th Jan 25th Jan	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margarita Pizza Jacket wedges & sweetcorn	Sausages Mash & Carrots	Roast chicken Roast potatoes Fresh Seasonal Vegetables & gravy	Pasta Beef bolognese Garlic bread & Mixed Vegetables	Fish Fingers chips & peas
	Vegetarian Veggie Burger Jacket wedges & sweetcorn	Veggie Sausages Mash & Carrots	Homemade Cheese & red onion slice & Roast Potatoes	Tomato & Vegetable Pasta Garlic bread	Veggie Nuggets Chips & Beans
Alternative	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese
Dessert	Fruit Flavoured yoghurt Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Organic ice cream tub Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Wrap Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day

Wk 2 11th Jan 1st Feb	Monday	Tuesday	Wednesday	Thursday	Friday
Main Vegetarian	Mild Chicken Curry Brown/white Rice & Naan bread Sweet potato, Chick pea & Spinach Curry Veg sticks	Macaroni Cheese with bacon bits Garlic bread & green beans Mac & Cheese Garlic bread & green beans Veg sticks	Roast Turkey Roast potatoes Broccoli & gravy Vegetable fingers Roast potatoes Broccoli Veg sticks	Chicken strips in a wrap with BBQ sauce potato wedges & sweetcorn Margarita Wrap potato wedges & sweetcorn Veg Sticks	Fish Fingers chips & peas Quorn Dippers Chips & beans Veg sticks
Alternative	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese	Jacket Potato beans & cheese
Dessert	Homemade Biscuit/cake Fresh Fruit Bag	Yoghurt Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 3 18th Jan 8th Feb					
Main	Sweet & Sour Chicken Brown & white Rice	Fish Pie Sweetcorn	Roast Chicken Roast potatoes Fresh Seasonal Vegetables & gravy	Lasagne Garlic bread & green beans	Fish Fingers chips & peas
Vegetarian	Stir Fry Vegetables & Rice Veg sticks	Margarita Pizza Jacket wedges & sweetcorn Veg sticks	Cauliflower & Broccoli Bake Roast potatoes Veg sticks	Tomato & veggie Pasta Bake, Garlic bread & green beans Veg Sticks	Cheese omelette Chips & beans Veg sticks
Vegetarian Alternative	Jacket Potato Cheese & beans	Jacket Potato Cheese & beans	Jacket Potato Cheese & beans	Jacket Potato Cheese & beans	Jacket Potato Cheese & beans
Dessert	Frozen strawberry yoghurt smoothie Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Ice Cream tub Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day