



Fresh Ideas Feeding Minds

This menu will operate until the end of the Autumn term 2020.

All meals will be served in takeaway containers with disposable cutlery.

Dairy Free & Gluten Free alternatives can be available on request.

Wk 31st Aug/ 21st Sept/ 12th Oct/ 9th Nov/ 30th Nov	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margarita Pizza Jacket wedges & sweetcorn Veg sticks	Sausages Mash & Carrots Veg sticks	Roast chicken Roast potatoes Fresh Seasonal Vegetables & gravy Veg sticks	Pasta Beef bolognese Garlic bread & Mixed Vegetables Veg sticks	Fish Fingers chips & peas Veg sticks
Vegetarian Alternative	Jacket Potato beans & cheese	Vegetarian Sausages	Lentil loaf	Jacket potato & Tuna May	Veggie Burger
Dessert	Fruit Flavoured yoghurt Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Organic ice cream tub Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Wrap Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day

Wk 7th Sept /28th Sept/ 19th Oct/ 16th Nov/ 7th Dec	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mild Chicken Curry Brown/white Rice & Naan bread Veg sticks	Macaroni Cheese with bacon bits Garlic bread & green beans Veg sticks	Roast Turkey Roast potatoes Broccoli & gravy Veg sticks	Chicken strips in a wrap with BBQ sauce potato wedges & sweetcorn Veg Sticks	Fish Fingers chips & peas Veg sticks
Vegetarian Alternative	Jacket Potato beans & cheese	Macaroni Cheese	Vegetarian Sausages	Margarita Wrap Wedges & Sweetcorn	Veggie Nuggets
Dessert	Homemade Biscuit/cake Fresh Fruit Bag	Yoghurt Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day

Wk 14th Sept/ 5th Oct/ 2nd Nov/ 23rd Nov/ 14th Dec	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sweet & Sour Chicken Brown & white Rice Veg sticks	Margarita Pizza potato Wedges sweetcorn Veg sticks	Roast Chicken Roast potatoes Fresh Seasonal Vegetables & gravy Veg sticks	Lasagne Garlic bread & green beans Veg Sticks	Fish Fingers chips & peas Veg sticks
Vegetarian Alternative	Jacket Potato Cheese & beans	Fish Pie with Mixed vegetables	Hot Cheese & Tomato Wrap	Roasted Veg Lasagne	Veggie Nuggets
Dessert	Frozen strawberry yoghurt smoothie Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Ice Cream tub Fresh Fruit Bag	Homemade Biscuit/cake Fresh Fruit Bag	Pip Organic ice lolly & Fresh Fruit Bag
Picnic Bag	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Egg Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Tuna Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Cheese Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day	Ham Sandwich Veggie Sticks Fresh fruit Bag Dessert of the day